

Minimum Age	6 years old
Maximum Age	8 years old
Performance	<ul style="list-style-type: none">• Level 5 National Swim Award
Session Attendance	<ul style="list-style-type: none">• 1 Session per week
Work Ethic	<ul style="list-style-type: none">• Be punctual• Be responsible for equipment• Respect for facilities
Self Discipline	<ul style="list-style-type: none">• Learn basic skills• Listen to coaches instructions• Respect for the Coaches and other swimmers• Respect for the Club and its rules
Swimmer/Coach Ratio	Maximum of 10:1