

Course Catalogue

Name of Course	Purpose	Course Code
Team Manager Training and Development Programme	To equip volunteers with the necessary skills and knowledge to undertake a Team Manager role either during local competitions or for overnight stays and travels abroad.	G1
Safeguarding and Protecting Children Workshop	Learn to protect yourself, the young people you are coaching and the Club by understanding and following good practice. Learn about child abuse and how to handle situations if you have concerns	G2
Equity	Everyone should have access to sport, regardless of gender, age, race, ability, faith or sexual orientation. The workshop will help you to apply and extend your existing skills to meet the needs of present and potential participants.	G3
Time to Listen	The ASA has linked up with the NSPCC and is accredited to deliver the 'Time to Listen' module that is aimed at Club Welfare Officers (CWO's). Whilst it is appreciated that some CWO's will be trained and experienced in child protection issues, the Time to Listen programme provides the opportunity to consider the roles and responsibilities of CWO's and the action taken should any incident occur.	G4
Health and Safety	This workshop centres on the concept and process of a risk assessment within the swimming pool environment.	S1
First Aid	To enable the provision of immediate assistance on poolside	S2
ASA Young Aquatic Organiser Award	To enable young leaders aged 14 to 18 to gain the skills and knowledge needed to organise fun, safe and effective activities in an aquatic environment.	G5
ASA Level 1 Certificate for Teaching Aquatics		T1
ASA Level 2 Certificate for Teaching Aquatics		T2
ASA Level 1 Certificate for Coaching Swimming		C1
ASA Level 2 Certificate for Coaching Swimming		C2
ASA Level 3 Certificate for Coaching Swimming		C3

Name of Course	Purpose	Course Code
How to Coach Disabled People in Sport	This workshop tackles all the frequently asked questions about how to work with disabled sports people	D1
National Pool Lifeguard Qualification	Certificate in swimming pool supervision and rescue	S4
National Rescue Award for Swimming Teachers and Coaches	Teaches practical lifesaving skills that may be needed by anyone teaching or coaching swimming or other programmed activity in a pool.	S3
ASA Judge Level 1	Timekeeper and turn judge	O1
ASA Judge Level 2	Stroke and finish judge	O2
ASA Judge Level 2S	Starter	O3
British Swimming Referee		O4
Doping	Workshop to address doping issues	W1
Nutrition	Workshop to address nutritional requirements of competitive swimming	W2