

**Wandsworth Swimming Club Championships 2011 - 29/10/2011 to 21/01/2012**  
**Meet Programme**

Session: 1 Saturday, 29 October 2011, Warm Up 5:15pm

Day of Meet: 1 Starts at 06:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>
Finals	1 Mixed 9 & Over 400 IM
Finals	2 Mixed 9 & Over 400 Freestyle
Finals	3 Mixed 8 & Over 200 Backstroke
Finals	4 Mixed 8 & Over 200 Breaststroke
Finals	5 Mixed 8 & Over 200 Butterfly
Finals	6 Mixed 8 & Over 200 Freestyle
Finals	7 Mixed 8 & Over 200 IM
	Swimmers Counts for Warm-ups: 55

Session: 2 Saturday, 17 December 2011, Warm Up 5:15pm

Day of Meet: 49 Starts at 06:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>
Finals	8 Mixed 50 Breaststroke
Finals	9 Mixed 50 Backstroke
Finals	10 Mixed 50 Butterfly
Finals	11 Mixed 50 Freestyle
	Break: 15 Minutes
Finals	12 Mixed 25 Breaststroke
Finals	13 Mixed 25 Backstroke
Finals	14 Mixed 25 Butterfly
Finals	15 Mixed 25 Freestyle
	Swimmers Counts for Warm-ups: 102

Session: 3 Saturday, 7 January 2012, Warm Up 5:15pm

Day of Meet: 70 Starts at 06:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>
Finals	16 Mixed 10 & Over 100 Breaststroke
Finals	17 Mixed 10 & Over 100 Backstroke
Finals	18 Mixed 10 & Over 100 Butterfly
Finals	19 Mixed 10 & Over 100 Freestyle
Finals	20 Mixed 8 & Over 100 IM
Finals	21 Mixed 10 & Over 800 Freestyle
Finals	22 Mixed 10 & Over 1500 Freestyle
	Swimmers Counts for Warm-ups: 54