

British Age Group Categories (BAGCATS)

Age	Boys		Girls	
9 years	Sprint	Best 50m	Sprint	Best 50m
	Form	Best 200m form stroke	Form	Best 200m form stroke
	Distance	200 free	Distance	200 free
	IM	Best 100/200 IM	IM	Best 100/200 IM
10 years	Sprint	Best 50m	Sprint	Best 50m
	Form	Best 200m form stroke	Form	Best 200m form stroke
	Distance	Best 200/400 free	Distance	200/400 free
	IM	Best 100/200/400 IM	IM	Best 100/200/400 IM
11 years	Sprint	Best 50m	Sprint	Best 50m
			100s	Best 100m
	Form	Best 200m form stroke	Form	Best 200m form stroke
	Distance	Best 200/400 free	Distance	Best 200/400/800 free
		IM	Best 100/200/400 IM	
12 years	Sprint	Best 50m	Sprint	Best 50m
	100s	Best 100m	100s	Best 100m
	Form	Best 200m form stroke	Form	Best 200m form stroke
	Distance	Best 200/400/1500 free	Distance	Best 200/400/800 free
		IM	Best 100/200/400 IM	
13 years	Sprint	Best 50m	Sprint	Best 50m
	100s	Best 100m	100s	Best 100m
	Form	Best 200m form stroke	Form	Best 200m form stroke
	Distance	Best 200/400/1500 free	Distance	Best 200/400/800 free
		IM	Best 100/200/400 IM	
14 years	Sprint	Best 50m	Note: Girls 14 years and over and boys 15 years and over will start to specialize in individual events which will have individual awards.	
	100s	Best 100m		
	Form	Best 200m form stroke		
	Distance	Best 200/400/1500 free		
		IM	Best 100/200/400 IM	